

Quick Guide

REVITIVE CIRCULATION BOOSTER

⚠ Refer to the User's Manual before using REVITIVE Advanced for the first time.

1 Check contraindications before use. Unsuitable if you are fitted with an electronic implanted device such as a heart pacemaker or Automatic Implantable Cardioverter Defibrillator (AICD), being treated for, or have the symptoms of, an Existing Deep Vein Thrombosis (DVT), or you are pregnant.

2 Insert batteries into the remote control, connect the lead to the REVITIVE device, plug the adaptor into the nearest mains socket and turn the power on at the socket. To use REVITIVE cordlessly follow instructions on page 14 of the User's Manual.

3 Select preferred IsoRocker position. **Enable** the IsoRocker to gently allow natural ankle joint movement or **Disable** to assume a static position.

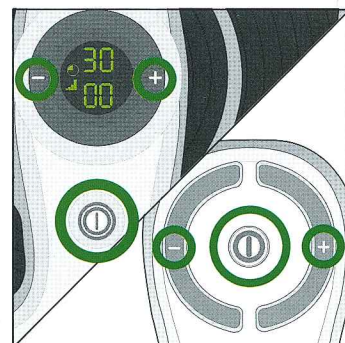
NB It is the muscles in your legs that cause the "rocking", THE ISOROCKER IS NOT MECHANICAL. When the IsoRocker system is enabled, REVITIVE Advanced will only rock when the intensity is increased to a level which causes sufficient calf muscle contraction. It might be that you cannot increase the intensity high enough when you first use the device, further use will ensure you become used to the sensation. The intensity should remain within your own comfort level.




4 Sit comfortably, place BOTH bare feet onto the foot pads

NB REVITIVE will NOT work if you are wearing socks/tights or shoes. BOTH bare feet are required to complete the circuit. It does not matter if your feet are bigger/smaller than the foot pads.


5 Press ON/OFF button ① to turn the device on. The LCD display ② will read 30 as shown.



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- 6 Set the Intensity Level Control by using the  Intensity +/- buttons.

NB Start at Level 01 and increase the intensity level to one you are comfortable with. You may find that you need to change the Intensity level with each use, and it may be lower or higher.
- 7 Continue to increase the intensity until you can feel and/or see strong (comfortable, non-painful) calf muscle contractions. We recommend using a moisturiser or REVITIVE Foot & Leg Gel (available at the REVITIVE website) on your feet to improve conductivity and stimulation.

NB Select an intensity that is comfortable for you, note the aim is NOT to get to 99.
- 8 The timer  will count down from 30 minutes. It is recommended that you use the device for 20-30 minutes each day. For some people the benefits may be felt from the first session, for others it may take up to a month.

Troubleshooting and general use

Please refer to main User's Manual for full Troubleshooting information

- Hydration plays an important role in conductivity – it may help to apply moisturiser or gel to dry feet, and to drink a glass of water before using REVITIVE.
 - To test the device is working place one hand across both foot pads at the same time to complete the circuit (the heel end of the footpads is easiest). With your other hand, and starting from zero, increase the Intensity level () until you can feel the stimulation. If you can feel the stimulation through your hand then the device is working. If on 99 you still cannot feel the stimulation then please contact your authorised dealer (phone number on back of User's Manual).
 - The REVITIVE device goes through a cycle of programs and you will feel different tingling sensations at each stage.
 - You will hear a triple 'Beep' upon completion of the cycle and the device will automatically turn itself off when it reaches 00.
- NB** REVITIVE should be switched off at the mains power socket and unplugged between uses.

For more information (including use of Electrode Body Pads) please see the User's Manual or visit the REVITIVE website